Face Masks: What to Know

The use of face masks can reduce respiratory droplet spread from those with or without symptoms. Recent studies have shown masks could also protect the wearer.

Mask Types

Correct Mask







- Made of two or more layers of breathable, tightly woven fabric
- Completely covers your nose and mouth
- Fits snug without gaps

Incorrect Mask



- Made of non-breathable fabric
- Made of silver ion
- Exhalation valves, or vent that allow virus to escape
- Those intended for healthcare workers, N95, or Surgical masks

How to Wear



Correct Way



- Covers your nose and mouth at all times
- Worn in public and indoor settings

Incorrect Way



- Wearing below or above your mouth or nose
- Touching mask with unwashed hands
- Masks should not be worn on those under 2

If you have a reusable mask:

- Wash using regular laundry detergent and the warmest setting appropriate for the mask.
- **Dry** on the highest setting, until completely dry.
- Wash your mask after every use.

For more information on choosing the right mask, when to wear, and how to clean your mask visit the <u>CDC</u> and <u>DHS</u> websites.

